

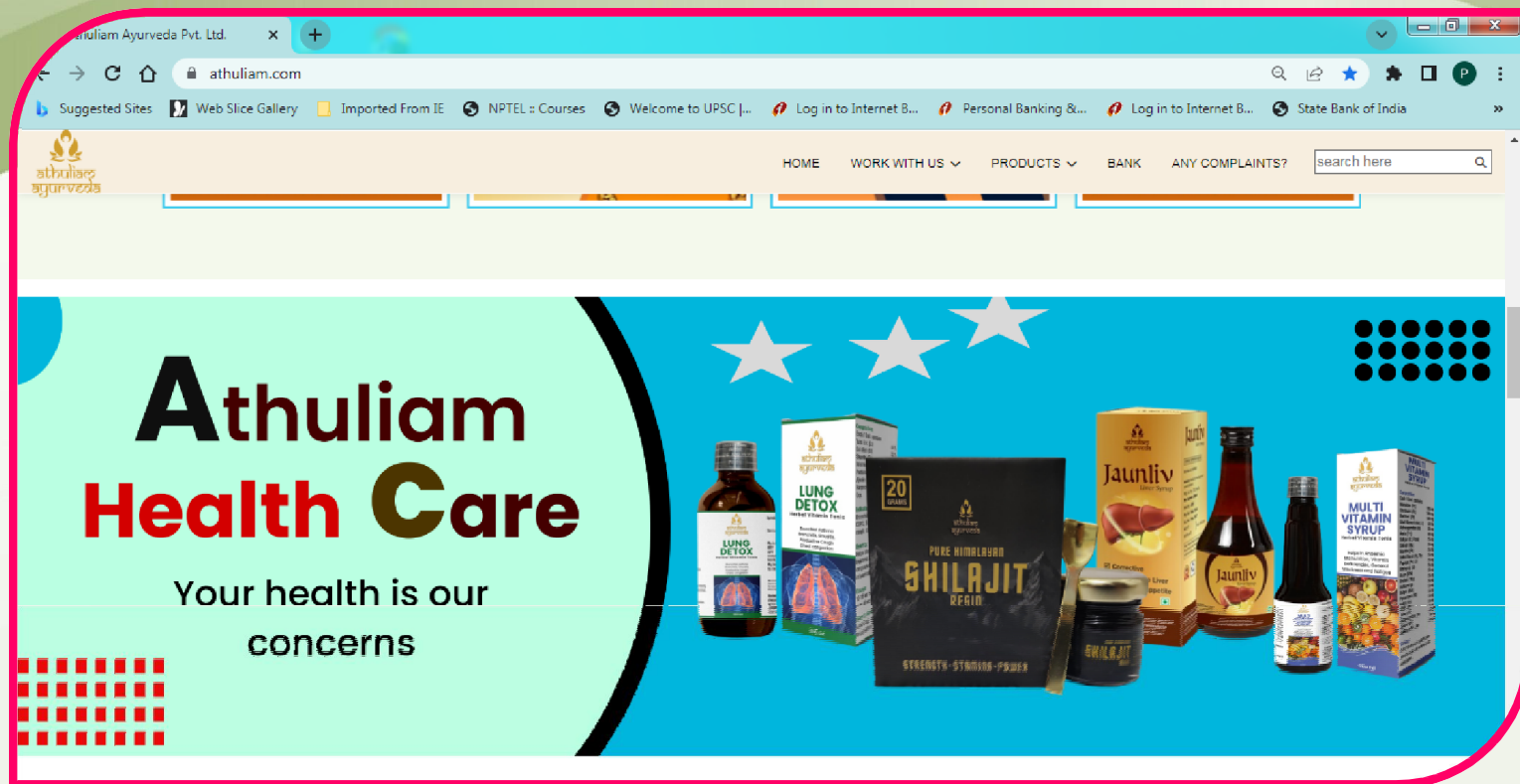


**WELCOME TO ATHULIAM  
AYURVEDA PVT. LTD.**



[www.athuliam.com](http://www.athuliam.com)





# Athuliam Ayurveda Pvt Ltd Product Training Session



## INTRODUCTION

Welcome to Beau & Belle X Athuliam Ayurveda – Where Beauty Meets Elegance!

At Beau & Belle X Athuliam Ayurveda, we believe that true beauty comes from the perfect harmony of nature and luxury. Our meticulously crafted cosmetic line combines the finest ingredients with advanced formulations to enhance your natural radiance. Whether you're seeking the perfect shade of lipstick, a flawless complexion, or skincare that nourishes deeply, Beau & Belle offers premium products designed to make you look and feel effortlessly beautiful.

Beau & Belle – Redefining Beauty, One Product at a Time.

## OUR STORY

**Beau & Belle** began with a simple mission: to create high-quality, luxurious cosmetics that empower people to celebrate their unique beauty. As beauty enthusiasts, we were inspired to craft products that balance elegance with ethical values, using cruelty-free, sustainable practices and natural ingredients. **Athuliam Ayurveda** was born from a deep-rooted passion for holistic wellness and a commitment to nurturing the body, mind, and spirit. Founded by individuals who have spent years immersed in the ancient healing traditions of Ayurveda, our journey began with a simple yet profound idea: to bring the wisdom of nature to modern life.



## OUR MISSION

**01** Enhance unique beauty

**02** 100% cruelty-free.

**03** Eco-friendly and sustainable.

**04** Nourish skin and confidence.

**05** Empower self-expression.

## OUR PRODUCTS' BENEFITS



### Premium Ingredients

Formulated with high-quality ingredients that care for your skin.



### Cruelty-Free

Ethically produced, never tested on animals.



### Long-Lasting

Provides all-day wear without fading or smudging.



### Wide Range

Offers diverse shades to suit all skin tones.

## OUR PRODUCTS

Quality, integrity, and radiance—all in one brand. Beau & Belle offers a carefully curated selection of cosmetics that are as luxurious as they are effective. It's time to redefine your beauty.



# RANGE OF PRODUCTS



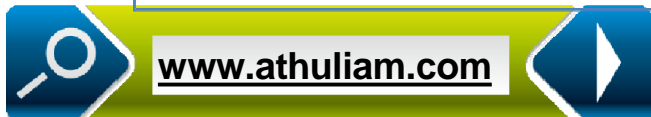
**Athuliam Ayurveda Pvt. Ltd. Company** has been delivering **Premium Quality Products** in the range of **Cosmetics** and **Wellness** from Company's head office located at Kanhiya Nagar, New Delhi.

## Cosmetics\ items

- HALDI CHANDAN SOAP
- ROSE SOAP
- DANT FRESH TOOTH PASTE
- FACE WASH ULTRA
- HERBAL FACE & BODY WASH
- ALOE VERA GEL
- MOISTURIZER BODY LOTION
- AMLA REETHA SHIKAKAI SAHMPOO
- PREMIUM SHAMPOO
- HAIR OIL
- HAIR SERUM
- ANTI AGEING FACE SERUM
- SUNSCREEN LOTION

## Wellness items

- EYE DROPS
- PAIN BALM
- PANCH TULASI DROPS
- MULTI VITAMIN SYRUP
- LIVER SYRUP
- KAMASHAKTI
- GREEN TEA
- AYUSH 82
- DYBO WELL RAS
- FLAXSEED
- HEART WELL RAS
- JOINT HEAL CAPSULE
- SHILAJIT RESIN
- GANODERMA PROTEIN POWDER
- LIVE STRONG PROTEIN POWDER



# ATHULIAM AYURVEDA PRODUCTS



**EYE DROP:-** (i) Useful for Dryness, Allergy, Strain, Irritation, Discomfort in eyes. Soothes, Refreshes and relieves eye strain. Promotes overall eye health and comfort.

## Ingradients (Each 10ml Contains)

- 5ml(50%) - Haridra
- 5ml (50%) - Gulab

**How to Use:-** Take 1 – 1 drops in both eyes twice or thrice a day.

### BENEFITS



- **Relieves Eye Strain:** Soothes tired and strained eyes, especially after long screen time.
- **Reduces Redness:** Helps to reduce eye irritation and redness.
- **Improves Eye Health:** Nourishes and strengthens the eye muscles and tissues.
- **Natural Cooling:** Provides a refreshing, cooling effect to the eyes.



**MRP = Rs.70/- only**



# ATHULIAM AYURVEDA PRODUCTS



**PAIN BALM:-** (i) Useful for Headache, Cold, Sinus, Ache Reliever, Backache, Neck & Shoulder Pain, Sciatica, Muscle Strains, Joint Pains, Stiffness inflammation, Dislocation & Slip-disk, Spondylitis and Other Body Pains.

## **Ingradients** **(Each 100gm Contains)**

- 20ml - Pudinah
- 10ml - Gandhapuraa Oil
- 0.1gm - Ajwain
- 0.1gm - Camphor
- 0.09ml - Dalchin
- 0.09ml - Laung
- 0.1ml - Jaiphal
- 0.02ml - Kesar
- 0.1gm - Nilgiri



**How to Use:-** Take one gram and apply on the Pain Area. Non Greasy item



**MRP = Rs.129/- only**

# ATHULIAM AYURVEDA PRODUCTS



**PANCH TULSI :-** (i) Natural Immunity Booster  
(ii) Helpful in Cough and Cold  
(iii) Fights against infections naturally

## Ingradients (Each 10ml Contains)

- 1.5ml - Arjak Tulsi
- 2.5ml - Tulsi
- 1.0ml - Rama Tulasi
- 2.0ml - Van Tulsi
- 1.0ml - Nimbu Tulasi
- Q.S - Propylene Glycol



**How to Use:-** Take one drop of Panch Tulsi in a Glass of Water or Tea



**MRP = Rs.238/- only**

# ATHULIAM AYURVEDA PRODUCTS



## LUNG DETOX :- (i) Bronchial Asthma & Sinusitis (ii) Productive Cough & Chest Congestion

### Ingradients (Each 10ml Contains)

- |                        |         |
|------------------------|---------|
| ➤ Tulsi Ext. (Lf)      | - 44%   |
| ➤ Dalchin (St)         | - 22%   |
| ➤ Shunthi (Rz)         | - 22%   |
| ➤ Krishna Marich (Frt) | - 11%   |
| ➤ Pudhina Ext (Patra)  | - 0.33% |
| ➤ Ajwain Ext (Frt)     | - 0.33% |
| ➤ Karpoor              | - 0.33% |

### BENEFITS



- **Cleanses Lungs:** Helps clear toxins and impurities from the lungs.
- **Improves Breathing:** Supports better lung function and easier breathing.
- **Boosts Respiratory Health:** Strengthens the respiratory system and reduces congestion.
- **Enhances Oxygen Flow:** Promotes better oxygen absorption for overall vitality.

**How to Use:-** 10 – 15ml in Luke warm Water twice in a day half-an-hour before meal (Breakfast and Dinner)



**MRP = Rs.125/- only**

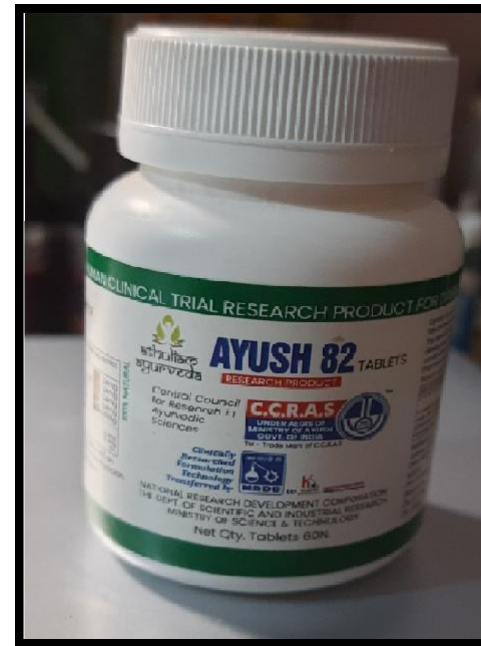
# ATHULIAM AYURVEDA PRODUCTS



**AYUSH 82:-** (i) Balances Blood Glucose Level Naturally. (ii) Clinically tested on more than 800 human beings. (iii) A synergistic & balanced formulation with proven scientific validation. (iv) No side effects. (v) Natural botanical extracts and Highest quality herbs.

## Ingradients (Each tablet Contains)

- |                  |           |
|------------------|-----------|
| ➤ Amra           | - 104mg   |
| ➤ Karela         | - 104mg   |
| ➤ Gudmar leaf    | - 104mg   |
| ➤ Jamun (Neredu) | - 104mg   |
| ➤ Shudh Shilajit | - 0.1665g |



**How to Use:-** Two tablets twice in a day on an empty stomach/ half an hour before meal (Breakfast and Dinner)



**MRP = Rs.490/- only**

# ATHULIAM AYURVEDA PRODUCTS



## DYBO WEL RAS:- (i) Balances Blood Glucose Level Naturally (ii) Mantra for Healthy Living

### Ingradients (Each 10ml Contains)

➤ Aloe vera Juice	- 1ml
➤ Neem	- 200mg
➤ Karela	- 250mg
➤ Jamun (Neredu)	- 350mg
➤ Giloy	- 200mg
➤ Amla (Usiri)	- 350mg
➤ Harad	- 200mg
➤ Ashwagandha	- 100mg
➤ Dana Methi	- 100mg
➤ Shilajit	- 50mg



### BENEFITS

- **Supports Heart Health:** Strengthens the heart and improves cardiovascular function.
- **Improves Blood Circulation:** Enhances blood flow, promoting overall heart efficiency.
- **Lowers Blood Pressure:** Helps in maintaining healthy blood pressure levels.
- **Rich in Antioxidants:** Protects the heart from oxidative stress and damage.

**How to Use:-** 15 – 30ml twice in a day on an empty stomach/ before meal (Breakfast and Dinner)



**MRP = Rs.690/- only**



# ATHULIAM AYURVEDA PRODUCTS



**Green Tea:-** (i) Helps Manage Weight  
(ii) Helps Digestion System

## Ingradients (Each Tablet Contains)

➤ Green Tea	- 300mg
➤ Grape Seed	- 100mg
➤ Seabuckthron	- 100mg
➤ Dalchin	- 25mg
➤ Tulasi	- 25mg
➤ Lemon	- 25mg
➤ Ginger	- 25mg
➤ Black Pepper	- 25mg

## BENEFITS



- **Boosts Metabolism:** Helps in weight management by increasing metabolism.
- **Rich in Antioxidants:** Fights free radicals, promoting overall health and vitality.
- **Enhances Digestion:** Supports digestive health and helps in detoxification.
- **Increases Energy:** Provides a natural energy boost without jitters.

**How to Use:-** Take a tablet. Drop in a cup of Boiled water and Wait for 1 minute (Green Tea is Ready). Single Tea Costs Rs.5/- only



**MRP = Rs.449/- only**

# ATHULIAM AYURVEDA PRODUCTS



## DANT FRESH AYURVEDIC TOOTH PASTE:-

- (i) For Strong Teeth & Fresh Mouth
- (ii) Helpful in Gingivitis & Bleeding Gums
- (iii) Prevent & Reduce Pain in Gum & Teeth
- (iv) Protect the Teeth & Gums from Infections

### Ingradients

#### (Each 10gm Contains)

- Akarkara Root - 20mg
- Miswak (Frt / Flower) - 10mg
- Babool Bark - 18mg
- Clove Oil Exudate - 15mg
- Mol Shri Stem Bark - 10mg
- Haldi Rizhome - 5mg
- Mulathi Root - 10mg
- Tumburu Flower - 5mg



**BENEFITS**

- **Cleanses Teeth:** Provides deep cleaning for fresh and healthy teeth.
- **Fights Bad Breath:** Keeps breath fresh throughout the day with natural ingredients.
- **Prevents Cavities:** Protects teeth from decay and cavities with herbal care.
- **Strengthens Gums:** Supports strong gums and overall oral health.



**MRP = Rs.129/- only**

# ATHULIAM AYURVEDA PRODUCTS



## MULTI VITAMIN SYRUP (Herbal Vitamin Tonic):-

(i) Helps in Anaemia, Malnutrition, Vitamin Deficiencies, General Weakness and Fatigue .

### Ingredients

#### (Each 10ml Contains)

- |                      |         |
|----------------------|---------|
| ➤ Munakka (Fruit)    | - 100mg |
| ➤ Shatavari (Root)   | - 100mg |
| ➤ Beetroot (Root)    | - 100mg |
| ➤ Ashwagandha (Root) | - 50mg  |
| ➤ Amla (Fruit)       | - 50mg  |
| ➤ Sahjan (Leaf)      | - 25mg  |
| ➤ Shilajit (Resin)   | - 25mg  |
| ➤ Papaya (Frt, Leaf) | - 25mg  |
| ➤ Bhoringraj (Leaf)  | - 25 mg |
| ➤ Anjir (Fruit)      | - 15 mg |
| ➤ Giloy (Stem)       | - 10 mg |



### BENEFITS

- **Boosts Immunity:** Strengthens the immune system with essential vitamins and minerals.
- **Enhances Energy:** Helps reduce fatigue and boosts overall energy levels.
- **Promotes Growth:** Supports healthy growth and development, especially in children.
- **Improves Vitality:** Maintains overall health and well-being with a balanced nutrient profile.

**How to Use:-** 5 to 10 ml twice daily after meals.



**MRP = Rs.279/- only**

# ATHULIAM AYURVEDA PRODUCTS



## JOINT HEAL TABLETS:-

(i) Effective pain relief and support joint health by reducing inflammation and improving mobility. (ii) Reduces back pain and neck pain.

M/S ELITE HERBALS SRI GANGANAGAR  
PLOT NO. 12, SATYA NAGAR-3  
SRI GANGANAGAR-335001 (RAJASTHAN)

मैसर्स एलिटे हेरबल्स, श्री गंगानगर, प्लॉट नं. 12, सत्या  
नगर-3, श्री गंगानगर (राज.) द्वारा आयुर्वेदिक दवाओं के  
अन्तर्गत अनुमोदन हेतु औषधीय वस्तु सूची /

Name of Medicine : **Joint Heal**  
Category : **Tablet**  
Total weight of Tablet : **550 mg**  
CONTENTS : Each Tablet Contains

S.N.	Regular Name	Official Name	Latin / English Name	Part of Use	Bank Ref.	QTY	Form of Drug to be Consume
1	Asthyagandha	Agard	Withania Somnifera	Root and Stem Branch	A.P.I.-Vol-1 pgs-19	100 mg	FINE POWDER
2	Santhi	Shanthi	Zingiber officinale	Rhizome	A.P.I.-Vol-1 pgs-138	50 mg	FINE POWDER
3	Usha	Usha	Sonchus Oleraceus	Root	D.P.NI 48	50 mg	FINE POWDER
4	Nirgundi leaf	Sambhalu	Vitex Negundo	Leaf	A.P.I.-Vol-2 pgs-143	50 mg	FINE POWDER
5	Rumi Motangi	Rumi Motangi	Pluchea Lenticularis	EXTD	A.P.I.-Vol-3 pgs-106	50 mg	FINE POWDER
6	Saini Guggal	Saini Guggal	Bauhinia variegata	Root	APUCI-A PART-1-57	150 mg	FINE POWDER
7	Triphang Bhasam	Triphang Bhasam	Ayurvedic Drug	Powder	RTS. 62	50 mg	FINE POWDER
8	Godanti Bhasam	Godanti Bhasam	Ayurvedic Drug	Powder	RTS. 83	50 mg	FINE POWDER
<b>BHAYANA</b>							
1	Methi	Methi Dana	Trigonotis foeniculigranum	Seed	A.P.I.-Vol-2 pgs-114	Q.S	Quath
2	Lehsun	Lehsun Juice	Allium Sativum	Rhizome	A.P.I.-Vol-3 pgs-108	Q.S	Quath
3	Rasna Patti	Rasna Quath	Pluchea lanceolata	Leaf	A.P.I.-Vol-3 pgs-103	Q.S	Quath

LICENSING AUTHORITY  
Ayurved  
Rajasthan-Ajmer



**How to Use:- One Capsule twice daily after meals with Water or Milk.**



**MRP = Rs.899/- only**

# ATHULIAM AYURVEDA PRODUCTS



## FLAX SEED:-

- (i) Prevents Cardiovascular disease.
- (ii) Reduces Cholesterol level.
- (iii) Relieves inflammation, & constipation.
- (iv) Prevents dry eye syndrome.

### Ingredients (Each 1 Capsule Contains)

- Flaxseed - 500mg
- Natural sources of Omega 3,6&9

**How to Use:-** One Capsule twice daily after meals. Avoid during Pregnancy.

### BENEFITS



- Supports Heart Health: Rich in Omega-3, helps reduce cholesterol levels and inflammation.
- Aids Digestion: Promotes regular bowel movements and digestive health.
- Improves Skin Health: Enhances skin glow and reduces dryness.
- Promotes Weight Loss: Helps control appetite and boosts metabolism.



**MRP = Rs.549/- only**



# ATHULIAM AYURVEDA PRODUCTS



## HEART WELL RAS:-

Helps to reduce Cholesterol and blood pressure. Support in Opening of Clogged Arteries. Improves blood circulation. Promote overall heart function naturally.

### Ingredients (Each 15ml Contains)

- |                |         |
|----------------|---------|
| ➤ Garlic Juice | - 2.5ml |
| ➤ Ginger Juice | - 2.5ml |
| ➤ Lemon Juice  | - 2.5ml |
| ➤ Apple cider  | - 2.5ml |
| ➤ Honey        | - 7.5ml |

**How to Use:-** 15-30ml twice a day on an empty stomach.



### BENEFITS

- **Supports Heart Health:** Strengthens the heart and improves cardiovascular function.
- **Improves Blood Circulation:** Enhances blood flow, promoting overall heart efficiency.
- **Lowers Blood Pressure:** Helps in maintaining healthy blood pressure levels.
- **Rich in Antioxidants:** Protects the heart from oxidative stress and damage.



**MRP = Rs.890/- only**

# ATHULIAM AYURVEDA PRODUCTS



## AMLA REETHA SHIKAKAI SHAMPOO:-

- (i) Provide Nourishment to hair Roots
- (ii) Ensure Healthy & dandruff free Scalp
- (iii) Prevents Excessive Oiliness & Dandruff
- (iv) Helps Arrest Hair Fall

### Ingredients

#### (Each 10ml Contains)

➤ Amla	- 50mg
➤ Reetha	- 50mg
➤ Shikakai	- 50mg
➤ Neem	- 20mg
➤ Tulsi	- 20mg
➤ Aloe Vera Oil	- 30mg
➤ Palash	- 10mg
➤ Badam	- 5mg

### BENEFITS



- Promotes hair growth:  
Amla strengthens hair follicles and stimulates growth.
- Cleanses naturally:  
Reetha gently cleanses the scalp and hair without stripping moisture.
- Nourishes and conditions:  
Shikakai softens and detangles hair, adding shine and smoothness.
- Reduces dandruff:  
The ingredients work together to soothe the scalp and reduce dandruff.

**How to Use:-** Take few drops in a cup of water and apply on hair. Wait for 1 minute and rinse



**MRP = Rs.499/- only**

# ATHULIAM AYURVEDA PRODUCTS



## B & B PREMIUM SHAMPOO :-

- (i) Increase hair growth and Volume.
- (ii) Reverse hair loss process from Roots
- (iii) Increase blood flow & Strengthens hair
- (iv) Helps in activation of follicles & remove dandruff

### Ingredients

➤ D-Panthenol, Green Tea Extract, Rosemary oil , Vitamin E, Cocamidopropyl Betain, CDEA, Glycerine, Ethanolamide, EGMS, Perfume, Tetra Acetate, DMDMH, Hydrolyzed Karatin, Cocomono ethanolamide, Polyquaternium 7, Polyquaternium 73

### BENEFITS



- Cleanses Scalp: Shampoo removes dirt, oil, and product buildup from the scalp and hair.
- Promotes Healthy Growth: Regular use helps create a clean environment for healthy hair growth.
- Prevents Dandruff: It can help control dandruff and scalp dryness.
- Balances Oil: Shampoo helps regulate oil production, keeping hair fresh and light.



MRP = Rs.499/- only

# ATHULIAM AYURVEDA PRODUCTS



## B & B COCONUT MILK HAIR OIL :-

- (i) For strong, long and thick hair
- (ii) Provide Nourishment to hair Roots
- (iii) Ensure Healthy & dandruff free Hair
- (iv) Helps Arrest Hair Fall

### Ingradients

➤ Grape	- 150mg
➤ Amla	- 150mg
➤ Curry leaves	- 300mg
➤ Methi seed	- 200mg
➤ Rosemary	- 100mg
➤ Aloe Vera	- 150mg
➤ Amritha	- 200mg
➤ Bhringraj	- 300mg
➤ Coconut Milk	- 0.3ml
➤ Coconut Oil	- 2.5ml
➤ Sesame oil	- 4.5ml

### BENEFITS



- **Nourishment:**  
Deeply nourishes hair and scalp, promoting healthy growth.
- **Strengthening:**  
Reduces hair fall by strengthening hair roots.
- **Moisturizing:**  
Keeps hair soft and hydrated, preventing dryness and frizz.
- **Dandruff Control:**  
Helps reduce dandruff and soothes an itchy scalp.

# ATHULIAM AYURVEDA PRODUCTS



## ANTI HAIR FALL DAMAGE REPAIR HAIR SERUM:-

- (i) Rejuvenating & Strengthening damaged hair.
- (ii) Minimizes split ends of hair & leaves shiny hair.
- (iii) Provide intense moisture.
- (iv) Nourishment & silky soft texture to dull hair.

### Ingredients

- Jiboba Oil
- Cyclopentasiloxane
- Dimethiconol
- Vitamin E
- Isopropyl Myristate
- Octyl Methoxycinnamates
- Fragrance



**How to Use:-** Take 2-3 drops on palm and rub it on scalp for few seconds. Apply evenly through damp hair from mid length to ends.



**MRP = Rs.499/- only**



# ATHULIAM AYURVEDA PRODUCTS



## ANTI AGEING FACE SERUM:-

- (i) Reduce Fine Lines & Wrinkles on Face.
- (ii) Enhance Natural radiance of Face.
- (iii) Boost Skin Elasticity & Infused with Antioxydants.

### Ingredients

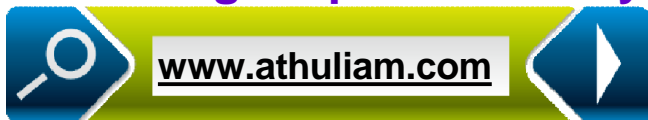
➤ Aqua Retinal (Vitamin A), D-Panthenol (Vitamin B5), Niacinamide (Vitamin B3), Ethyl Ascorbic Acid (Vitamin C), Caffeine Powder, Allantoin, Azeliac Acid, Glycolic Acid, Kojic Acid, Alfa Arbutin, Aloe vera, Rose, Lemon, Betaine & Perfume.

### BENEFITS



- Boosts Hydration: Face serum delivers deep moisture to the skin, helping to keep it hydrated.
- Targets Specific Concerns: It can address specific skin issues like wrinkles, dark spots, and acne.
- Enhances Skin Tone: Regular use helps even out skin tone and texture.
- Improves Skin Health: Serums are packed with concentrated nutrients that promote healthier, glowing skin.

**How to Use:-** Wash your Face & dry with Towel, Dispense few drops on finger tips and Gently massage into your face using upward motion.



**MRP = Rs.799/- only**

# ATHULIAM AYURVEDA PRODUCTS



## HALDI CHANDAN SOAP:-

- (i) Provides Brightening and Soothing of skin.
- (ii) Remove dust & impurities on skin.

### Ingredients

- |             |         |
|-------------|---------|
| ➤ Haldi     | - 300mg |
| ➤ Chandan   | - 100mg |
| ➤ Glycerine | - 10mg  |

### BENEFITS



- **Cleansing:**  
Gently removes dirt and impurities, leaving skin fresh.
- **Brightening:**  
Turmeric (haldi) helps improve skin tone and radiance.
- **Soothing:**  
Sandalwood (chandan) calms irritated or inflamed skin.
- **Antibacterial:**  
Natural ingredients help fight acne and reduce breakouts.



**MRP = Rs.75/- only**

# ATHULIAM AYURVEDA PRODUCTS



## ROSE SOAP:-

- (i) Crafted to rejuvenate, elevate & nourish your skin.
- (ii) Fragrant cleanse, hydrating & soothing your skin .
- (iii) Enhances natural glow & Calms irritation.
- (iv) Revitalizes & Enhance natural glow.

### Ingredients

- Rose Oil
- Glycerin
- Sunflower oil
- Aloe vera Extract
- Butylated Hydroxylone
- Fragrance
- Disodium EDTA
- Colour C. I. 45440

### BENEFITS



- Hydrates the skin, leaving it soft and smooth.
- Balances skin moisture, preventing dryness.
- Soothes and calms irritated or sensitive skin.
- Provides a natural glow, enhancing skin radiance.



MRP = Rs.75/- only

# ATHULIAM AYURVEDA PRODUCTS



## SHILAJIT RESIN FOR STAMINA:-

(i) Shilajit resin is a potent natural substance for its rejuvenating properties, enhancing energy, stamina, overall vitality by supporting physical & mental well-being.

### Ingredients

- Pure Natural extract of Himalayan Shilajit resin.
- Asphaltum Punjabiannum – 1000mg



**How to Use:-** Scoop a pie-sized ball of resin from the jar. Dissolve it in a glass of lukewarm water or Milk. Stir & Consume immediately.



**MRP = Rs.1490/- only**

# ATHULIAM AYURVEDA PRODUCTS



## GANODERMA PROTEIN POWDER:-

(i) Provide a rich source of protein, helping to build muscles, support recovery and builds overall nutrition. Helps for growth of children during pregnancy & Lactation. Provide the natural essential amino acids

### Ingredients

#### (Each 5gm Contains)

- |                  |                  |
|------------------|------------------|
| ➤ Kheera         | - 250mg          |
| ➤ Kharbuja       | - 250mg          |
| ➤ Louki + Tinda  | - 250mg + 0250mg |
| ➤ Badam          | - 1.55g          |
| ➤ Gulab ke phool | - 125mg          |
| ➤ Kalimirch      | - 75mg           |
| ➤ Jirak Svet     | - 25mg           |
| ➤ Choti elachi   | - 75mg           |
| ➤ Ganoderma      | - 75mg           |

### BENEFITS



- **Boosts Immunity:** Enriched with Ganoderma, it helps strengthen your immune system.
- **Enhances Energy:** Provides a natural energy boost and combats fatigue.
- **Rich in Nutrients:** Packed with high-quality protein and essential vitamins.
- **Supports Overall Wellness:** Promotes better digestion and balanced health.

**How to Use:-** Shake, stir or beat 2 teaspoons of Ganoderma with milk, juice or yoghurt. Pure and Concentrated. Scientifically tested.



**MRP = Rs.1999/- only**



# ATHULIAM AYURVEDA PRODUCTS



## LIVE STRONG PROTEIN POWDER:-

**(i) Live strong protein powder is a nutritious supplement that supports muscle growth, recovery and overall strength.**

### Ingredients

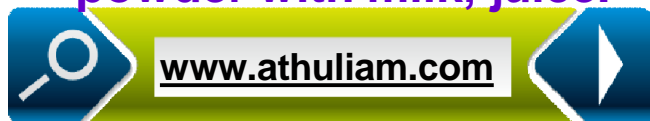
- Essential Vitamins: A, B1, B2, B5, B6, B12, C, D3, Folic Acid & Niacin amide.
- Minerals: Calcium, Phosphorous, Magnesium, Iron, Manganese, Copper, Zinc, DHA, Chromium, Iodine, Selenium
- Whey Protein, Soya Protein, DHA Blend, Vanilla & Chocolate flavour

### BENEFITS



- **Builds Muscle:** High-quality protein supports muscle growth and recovery.
- **Delicious Taste:** Rich chocolate flavor makes healthy nutrition enjoyable.
- **Boosts Energy:** Provides sustained energy for workouts and daily activities.
- **Supports Weight Management:** Helps control hunger and maintain a healthy weight.

**How to Use:- Shake, stir or beat 2 teaspoons of Live strong protein powder with milk, juice.**



**MRP = Rs.2499/- only**



# ATHULIAM AYURVEDA PRODUCTS



## JAUNLIV LIVER SYRUP:-

(i) Liver tonic is a natural supplement formulated with herbs that help detoxify, regenerate and support healthy liver function, promote overall well-being.

### Ingredients

- 150mg - Katuki
- 100mg - Kalmegh
- 200mg – Bhumi Amla
- 100mg – Makoy
- 100mg – Punarnava
- 100mg – Kasni
- 100mg – Sharpunka
- 100mg – Bhrinraj
- 50mg - Neem

### BENEFITS



- **Supports Liver Health:** Promotes healthy liver function and detoxification.
- **Aids Digestion:** Improves digestion by enhancing bile production.
- **Boosts Immunity:** Strengthens the immune system through better liver performance.
- **Fights Toxins:** Helps cleanse the body by flushing out harmful toxins.

**How to Use:-** 5 to 10 ml twice daily after meals.



**MRP = Rs.385/- only**

# ATHULIAM AYURVEDA PRODUCTS



## LIVER SYRUP:-

(i) Liver tonic is a natural supplement formulated with herbs that help detoxify, regenerate and support healthy liver function, promote overall well-being.

### Ingredients

- Gokhru, Kutki, Giloy, Bhringraj, Bhumi Amalaki, Makoy, Nagarmota.
- Ajmoda, Saunf, Dalchin, Chharila, Kultha, Kala Namak, Jeera, Kali Mirch, Pudina, Triphala,
- Vasa, Punarnava, Kasni, Chitrak, Mulethi, Tulsi, Chavya, Gulabhphool, Pitapapra, Kalmegh

### BENEFITS



- **Supports Liver Health:** Promotes healthy liver function and detoxification.
- **Aids Digestion:** Improves digestion by enhancing bile production.
- **Boosts Immunity:** Strengthens the immune system through better liver performance.
- **Fights Toxins:** Helps cleanse the body by flushing out harmful toxins.

**How to Use:-** ½ table spoon twice daily after meals with water.



**MRP = Rs.279/- only**

# ATHULIAM AYURVEDA PRODUCTS



**FEMZKALP:-** (i) Complete care for women. (ii) Amenorrhoea (iii) Gently overcomes Leucorrhoea. (iv) Regulates menstrual cycle, anti-infection, immunity enhancer and balances hormones. (v) strengthen the uterine muscles

## Ingredients

- 100mg - Ashoka
- 50mg - Satavari
- 50mg - Kachnaar
- 50mg - Lodhra
- 30mg - Gokhshur
- 20mg - Punarnava
- 50mg - Haldi
- 50mg - Ashwgandha
- 30mg - Giloy
- 20mg - Jatamansi

## BENEFITS



- **Regulates Menstrual Cycle:** Supports regular and healthy menstrual cycles.
- **Strengthens Uterine Health:** Promotes overall uterine strength and well-being.
- **Relieves Menstrual Discomfort:** Helps alleviate cramps, bloating, and other discomforts.
- **Enhances Fertility:** Improves reproductive health and supports fertility.

**How to Use:-** 5 to 10 ml twice daily after meals.



**MRP = Rs.385/- only**

# ATHULIAM AYURVEDA PRODUCTS



**SUN SCREEN LOTION:-** (i) High level protection from harmful UVA/ UVB rays (ii) Shields your skin from sun damage & Pollution. (ii) Keep your skin matte, fresh and breathable. (iv) ideal for oily & combination skin

## Ingredients

➤ Vitamin E, Vitamin B6, Sweet Almond oil, Joboba seed oil, Sesame oil, Aloe vera, Vitamin B3, Propylene Glycol, Sodium Benzoate, Sodium Phytate, Ethylhexyl Olivat, Benzoic Acid, Copryloyl Glycine, Butylene Glycol etc.



### BENEFITS

- Protects from UV Rays: Sunscreen shields the skin from harmful UVA and UVB rays.
- Prevents Sunburn: It helps reduce the risk of painful sunburn and skin damage.
- Reduces Aging Signs: Sunscreen helps prevent premature wrinkles and age spots caused by sun exposure.
- Lowers Skin Cancer Risk: Regular use of sunscreen can reduce the risk of developing skin cancer.

**How to Use:-** Apply gently & evenly 15 minutes before sun exposure.



**MRP = Rs.499/- only**

# ATHULIAM AYURVEDA PRODUCTS



**ULTRA HYDRATING FACE WASH:-** (i) Herbal infused cleanser that deeply nourishes & moisturizes the skin while removing impurities, leaving face feeling refreshed and soft.

## Ingredients

➤ Sandalwood ext, Saffron, PEG-7 Glyceryl Cocoate, Cocamidapropyl Betaine, Glycerine, PEG-100 Stearate, Kojic acid, Benzoic acid, Undecylenoyl Glycine, Disodium EDTA, Potassium Hydrauxide



**How to Use:-** Apply small amount on wet face. Massge with fingertips in circular motion. Rinse off with water and pat dry. Avoid direct eye contact.



**MRP = Rs.249/- only**



# ATHULIAM AYURVEDA PRODUCTS



**NATURAL FACE CREAM:-** (i) Nourishing blend of Ayurvedic herbs that hydrates, soothes, rejuvenates skin. (ii) Leaves skin soft, radiant and balanced.

## Ingredients

➤ Kumkumadi oil – 5%, Neem – 2%, Saffron – 0.5%, Aloe vera – 3%, Papaya – 4%, Turmeric – 4%, Manjistha – 4%, Calendula – 2%, Harsingar Essential oil – 0.5%, Neroli Essential oil – 0.5%, Aqua Base - QS.

### BENEFITS



- **Hydration:**  
Keeps skin moisturized, preventing dryness and flakiness.
- **Anti-aging:**  
Reduces fine lines and wrinkles, improving skin elasticity.
- **Protection:**  
Shields skin from harmful UV rays and environmental stressors.
- **Brightening:**  
Helps even skin tone and reduces dark spots for a glowing complexion.

**How to Use:-** Apply gently spread along the massage lines on your face.



**MRP = Rs.1250/- only**



## B & B FACE & BODY WASH



Roll over image to zoom in

Item Weight	0.5 Kilograms
Item dimensions L x W x H	40 x 30 x 140 Millimeters
Scent	Unscented
Age Range (Description)	Adult
See more	

### About this item

- **GENTLE CLEANSER:** Simple Refreshing Facewash is a gentle yet effective gel cleanser that thoroughly washes away make-up, dirt and other impurities leaving your skin feeling clean, fresh and revived. This brightening face wash is ideal for everyday use as part of your skincare routine.
- **SKIN LOVING INGREDIENTS:** Formulated with pure and gentle ingredients, this Simple face wash for oily skin as well as dry skin is enriched with pro-vitamin B5, vitamin E, and Pro Amino Acids, that help to maintain skin's natural moisture balance and leave your face feeling clean and refreshed.
- **HYDRATING, REFRESHING FORMULA:** This Simple Face wash is the best face wash for glowing skin. It is known to remove that extra oil but it won't dry out your skin in fact it boosts hydration levels and cleanses gently. Its gentle, soap-free formula will make sure you don't dry out your skin.
- **NO HARSH CHEMICALS:** This facewash does not contain any colours, dyes, artificial perfume, harsh chemicals or irritants, making it perfect even for sensitive skin. This Simple face wash is dermatologically tested and approved, ophthalmologically tested, hypoallergenic, and non-comedogenic.
- **NO IRRITATION:** This Simple face wash contains Triple Purified Water and vitamins to help replenish and nourish your skin without irritation. The best face wash for oily skin as well as dry skin, this Simple Refreshing facewash is gentle and mild, and will not irritate your skin — especially sensitive skin.
- **SUITABLE FOR ALL SKIN TYPES:** Known to be the right fit for an acne-prone skin this Simple Refreshing Facewash is perfect for sensitive skin. This brightening face wash is a perfect choice for anyone who wants to keep their skin clean, fresh, and healthy-looking.

**MRP = Rs.299/- only**

# ALOE VERA FACE & BODY GEL



- **Cleanse:** Wash your face or affected area and pat dry.
- **Apply:** Take a small amount of aloe vera gel and gently spread it on your skin.
- **Massage:** Massage until fully absorbed, leaving a thin layer to soothe and hydrate.

## HOW TO USE



## BENEFITS

- **Hydration:** Deeply moisturizes skin without feeling greasy.
- **Soothing:** Calms irritation, redness, and sunburn.
- **Healing:** Speeds up the healing of minor cuts and wounds.
- **Anti-acne:** Helps reduce pimples and prevent breakouts.



**MRP = Rs.299/- only**

## B & B CONDITIONER, FOR DAMAGED AND WEAK HAIR, WITH PRO-KERATIN



### BENEFITS



1. **Moisturizes Hair:** Conditioner adds hydration, preventing dryness and brittleness.
2. **Improves Softness:** It makes hair smoother and easier to detangle.
3. **Enhances Shine:** Conditioner helps to boost hair's natural shine and luster.
4. **Prevents Damage:** It strengthens hair, reducing breakage and split ends.

### HOW TO USE

- **Shampoo Hair:** Wash your hair with shampoo and rinse thoroughly.
- **Apply Conditioner:** Apply a generous amount of conditioner to damp hair, focusing on the ends.
- **Leave for a Few Minutes:** Let the conditioner sit for 2-3 minutes to fully absorb.
- **Rinse Thoroughly:** Rinse your hair thoroughly with water until all product is removed.



**MRP = Rs.499/- only**



**THANK YOU**



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